

# Murwillumbah Rifle Club Inc.

## COVID Guidelines & Rules v9

*Shooting in 2022 – 23 July.*



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## Introduction:

Murwillumbah Rifle Club has the responsibility to adhere to all Government directives and guidelines. The Club has to follow NSW Health, NSW Office of Sport, NSWRA & QRA, for recommencement of activity in a safe manner, in adherence with the revised Public Health Orders.

The NSW Premier continues to deliver recommendations regarding COVID safe practices for all sporting & business organisations. This allows for more manageable processes on our outdoor & indoor ranges, in accordance with strict pandemic safety guidelines. Some changes to range operational procedures must be made to ensure compliance within the scope of pandemic safety.

This document covers the fundamentals of infection prevention and control for COVID, based on the Australian Government Department of Health recommendations.

***Murwillumbah Rifle Club committee has ascertained we can continue shooting for all disciplines in our great club, whereby processes are manageable and enjoyable for all financial members to participate.***

### Date:

**Saturday 23 July, 2022**

We value the safety of our members above all else. We kindly request that members follow these procedures for their own safety, as well as, the safety of their families.

***At this point in time (as date mentioned above) the following information is what we are being advised to do. This will more than likely change throughout 2022/23, at which time, this document policy will be amended to reflect.***

## **Position Statement**

As well as social distancing, Clubs must however implement and observe safety protocols which include:

- Arrangements to limit the number of participants and to maintain minimum distance requirements (1.5m and minimum 4 sqm)
- Maintaining personal care and hygiene
- Handling and sanitising controls in respect of equipment

Murwillumbah RC will review the attached guidelines and strengthen controls required based on the features of the Range.

Our Club must give absolute priority to the safety and well-being of participants, especially for those over 60-years of age. People at a higher risk of severe illness (those aged over 70 and/or those with chronic medical conditions or compromised immune encouraged to systems) are to remain at home whenever possible.

It is important to note that the NSWRA/QRA may again alter our position depending on the changing requirements of governments as the COVID crisis unfolds.

**The responsibility sits with each Rifle Club to implement appropriate controls, operate safely and to understand and comply with Government requirements and directives.**

## **Regulations:**

All participants are required to comply with the following.

- Comply with Standard Shooting Rules.
- Members do not return to the Murwillumbah Rifle Club range if in the last 14 days they have been unwell or had close contact with a known or suspected case of COVID.
- Do not attend if ill. In an environment of community transmission of COVID, any individual with respiratory symptoms (cough, sore throat, fever or shortness of breath), even if mild, should be considered a possible case of COVID. They should seek testing and must not attend.
- People at a higher risk of severe illness (those aged over 70 and/or those with chronic medical conditions or compromised immune systems) are encouraged to remain at home whenever possible.
- A person with a possible case of COVID should refrain from training (even at home) until they have been cleared to do so by a doctor, given the potential for worsening illness.
- Anyone who is unwell should see a doctor in accordance with NSW Public Health Authority guidelines.

## **Venue Specific:**

- A Members sheet must be completed on a clipboard containing, date, name, address & phone number, for each shoot must be completed on arrival (separate to normal Day Sheet). This will be secured safely and confidentially for 28 days after each shooting event. Only to be used if someone contracts COVID & must be passed on to the relevant NSW health authorities. This sheet has been created and will be ready to use from Sat 4 July.
- Payment of any fees in cash must be done by providing the correct amount (no change).
- In addition to the Range Officer an official may be appointed to monitor adherence to these additional procedures. The details of an appointed official will be posted at a central point.
- The total attendance in any one area for most Murwillumbah RC target shooting disciplines is **500 people**. This number is slightly different for the Smallbore indoor area of our clubhouse – **20 people** (social distancing measures to be adhered to). If additional participants are likely to turn up at the range, a separate area must be established for them to wait in before being invited to join in the shoot. Remember, a maximum of 20 people (or 10 in Smallbore) in any event area at a time.
- The Range Officer will have the authority to cease all activities if a breach occurs.

### **The responsibility lies with Murwillumbah Rifle Club to ensure that:**

- We are fully aware of, and compliant with, NSW Government requirements.
- Operations are conducted in a safe manner and in adherence to those requirements.
- Standard Shooting Rules are applied.
- Employee and volunteer health and safety is managed in accordance with the Safe Work Australia COVID guidelines.

### **Our Range:**

- Any activity held on the club premises is held outdoors, employ physical distancing of 1.5m/4 sqm per person and be limited to the number of people determined by social gathering laws.
- Our toilets will be open during discipline target shoots, with hand washing facilities including soap available.
- Hand sanitiser will be available in the ablution block and on the range.
- Bring your own pen to complete the range register.
- ***Only members of Murwillumbah RC intending to shoot or in an official capacity (range/butts officer) are to attend the weekend shooting events.***
- Members are to observe all social distancing requirements as amended from time to time by the government and/or additional measures as advised by NSWRA/QRA.
- When not shooting, shooters must stay off the mound area and ensure a distance of at least 1.5 metres is kept between all members.
- Personal protective measures are to be observed.
  - Regular hygiene practice is required. Members are to use hand wipes and sanitiser on hands.
  - Regular use of sanitising spray on shared equipment is essential.
  - It is the responsibility of the members and/or their clubs to organise sanitary wipes, hand sanitiser and sanitary sprays.

- A waste disposal bin is to be utilised for disposal of used wipes.
- **Shooters on targets are to set up 3m apart on the mound for fullbore (only 2 x shooters & 2 x markers on mound) & every second benchrest table used for smallbore at the clubhouse (5 x shooters at a time). For other disciplines not conducted from a shooting shelter (e.g. Shotgun), members of squads must maintain the required physical distance at all times. These measures ensure adequate social distancing during all disciplines of target shooting at Murwillumbah Rifle Club.**
- No onlookers are permitted on the mound.
- The only exceptions to social distancing are if rendering of medical assistance is required or intervention relating to the safety of a firearm.
- Members are encouraged to establish protocols of pre-booking to participate including establishing personnel required to set-up and shut-down the range.
- Equipment such as targets, target frames, weights, electronic throwers, thrower controls (clean controls regularly), consumables, batteries, antennas etc. **should be handled by one person** or appropriate protection and/or sanitation should be undertaken.

***The number of persons in our clubhouse area at any one time is 10 and must comply with 4 square metres of space per person (only because of our size area available).***

#### **Suggested Australian Government and WHO resources:**

- How to protect yourself and others from coronavirus (COVID)
- Hand washing guidance  
[https://www.who.int/gpsc/clean\\_hands\\_protection/en/](https://www.who.int/gpsc/clean_hands_protection/en/)
- Coronavirus (COVID-19) resources  
<https://www.health.gov.au/resources/collections/novel-coronavirus-2019-ncovresources>

## **Resources:**

Possible education measures provided by the AIS and Sport Australia include:

— Provide education material for community sport members to promote required behaviours (e.g. regular and thorough handwashing, covering mouth and nose with a tissue or sleeve during coughing/sneezing).

Suggested Australian Government and WHO resources:

- Good hygiene for coronavirus (COVID)
- Hand washing guidance
- Keep that cough under cover
- Self-isolation (self-quarantine) for coronavirus (COVID)
- Advice for people at risk of coronavirus (COVID)
- Coronavirus (COVID) resources

— Display appropriate education material within sporting environments and facilities. Suggested Australian Government and WHO resources:

- Good hygiene practices posters for sporting organisations
- Good hygiene is in your hands
- Hand washing guidance
- Keep that cough under cover

— Education of community sport members on hygiene practices and promote required behaviours relevant to their sport and environment.

- No sharing of drink bottles and towels.
- No sharing of mats, or equipment without an appropriate cleaning protocol, in between training sessions

— Recommend community sport members download the Australian Government COVID contact tracing app (COVIDSafe).



**Download the COVIDSafe App**



**Appendix:**